

MISSION

Alleviating complex, social challenges.

VISION

Through empowerment and hope, build a community that fosters diversity, inclusion and health.



Focus is on:

LGBTQ+ youth
People with drug dependence





Safe Spaces

- ► Weekly drop-in for LGBTQ+ youth 13 18 years old
- Gender Identity & Sexual Orientation presentations in schools
- Support to GSAs in high schools and middle schools
- Outreach to the LGBTQ+ community and their loved ones
- Ally Training to service providers and businesses
- ► Annual Loud & Proud youth dance
- Awareness campaigns



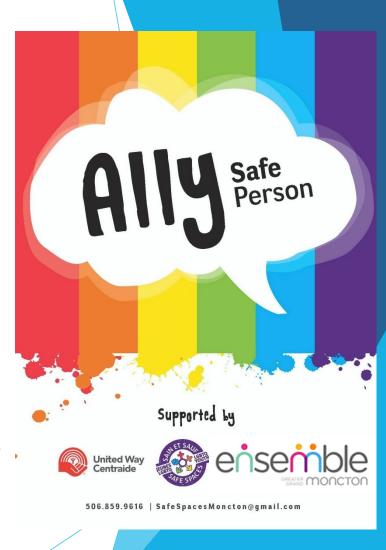






Feedback

- "The Safe Spaces program has been amazing for our teen. He says that it is the highlight of his week and as soon as it is over he is just waiting for next week to be able to go again. He has made new connections and found his little tribe of safe people to just be himself with." -Parent
- "I feel much more at ease about using correct and respectful terminology when talking about LGBTQ issues." -Ally/Service Provider
- "I appreciated the discussion around how being straight can be a privilege. This brought more reflection even after I went home. The comment "tolerance is not enough" also brought more reflection on the weekend. I learned that I can do better." -Ally/Service Provider



Needle Distribution Service

Operates under a harm reduction approach which recognizes that drug use is going to happen regardless of known risks. We provide people with sterile & new supplies for consuming drugs. Often the service is the point of entry for them to access community services.





Educational Presentations

- Naloxone Administration Training
- Safe Needle Handling & Disposal
- Overdose Prevention

Support Group for people affected by a loved ones substance use.



584

Unique individuals have accessed the NDS from April 1 2018- September 18 2018

"I'm very grateful for this place (the NDS). It's helped me out a lot. People here are all very nice. They treat me like a human being, not a junkie"

"This place is great! They give you needles. It's not in their job description but if you're having a bad day, they'll talk to you."

Mothers affected by their child's substance use

"We grieve together over the children that we no longer recognise, provide emotional support for each other and feel comfortable sharing our stories in a non-judgmental environment." - Mother

"Without the NDS, there would be more sharing, more diseases. This place saves lives."

"I appreciate all the empathy I have been shown"





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