

Example of a municipality public policy



Breastfeeding Policy

Having a breastfeeding policy is an effective way to ensure that all staff are aware that the municipality supports breastfeeding.

(Insert name of municipality) **recognizes:**

- That the right of breastfeeding anywhere anytime is protected by the Canadian Charter of Rights;
- That breastfeeding is the unequalled way of providing the ideal food for the healthy growth and development of infants and young children;
- That exclusive breastfeeding for the first six months of life, and continued breastfeeding with the addition of appropriate complementary foods for up to two years and beyond ensures that both mothers and babies receive maximum health benefits;

Therefore, *(insert name of municipality)*:

- Encourages mothers to breastfeed anywhere, anytime they want on the municipality territory;
- Offers a tangible support to breastfeeding mothers who might be criticized because they breastfed in a public place on the municipality territory.
- Provides a place for a mother to breastfeed discretely if she so requests.
- Support breastfeeding employees that are back to work after the maternity leave by providing sufficient break time and a private space (not a bathroom) to breastfeed or pump breast milk.

Print name

Title

Signature

Date